




# Days Creek Charter School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 BR: French Toast Sticks LN: Tomato Soup Toasted Cheese Sandwich Northwest Apple Salad	2 BR: Breakfast Bowl Scramble & Toasted WW English Muffin LN: Spicy Nachos! Refried Beans Salsa	WK4
6 BR: Breakfast Sausage Pizza LN: Tuna Melt Coleslaw Tater Tots	7 BR: Blueberry Muffin LN: Chicken Broccoli Bowl Fresh Fruit Salad	8 BR: Waffle & Scrambled Eggs LN: Hamburger/Cheeseburger <i>w/Lettuce, Tomato, Onion &amp; Pickles</i> Baked Beans & Pudding	9 BR: Yogurt Parfait LN: Sub Sandwich Sweet Potato Fries	WK5
13 BR: French Toast Sticks LN: Pepperoni or Cheese Pizza Oven Roasted Vegetables	14 BR: Biscuit & Gravy LN: Meatloaf Potatoes & Gravy Broccoli Hot Roll	15 BR: Oatmeal Muffin Squares LN: Confetti Soup Toasted Cheese Sandwiches	16 BR: Breakfast Burrito w/Salsa  LN: Turkey Feast! Potatoes & Gravy, Stuffing, Corn, Green Beans Hot Roll & PUMPKIN PIE!	WK6
20 BR: Breakfast Sausage Pizza LN: Corn Dog Baked Beans Kale & Apple Salad	21 BR: Warm Apple Pocket LN: Spaghetti & Meatballs Hot Vegetable Breadstick	22 BR: Waffle & Scrambled Eggs LN: Cheeseburger <i>w/Lettuce, Tomato, Onion &amp; Pickles</i> Fries	23 <b>Happy</b>  <b>Thanksgiving</b>	WK1
27 BR: French Toast Sticks LN: Pepperoni or Cheese Pizza Oven Roasted Vegetables	28 BR: Biscuit & Gravy LN: Chicken Sandwich <i>w/Lettuce, Tomato, &amp; Onion</i> Potato Wedges	29 BR: Muffin LN: Southwest Chicken Burrito Spanish Rice Refried Beans & Salsa	30 BR: Breakfast Burrito w/ Salsa LN: Chicken Alfredo with a Twist Hot Vegetable Garlic Bread	WK2
 <b>Everyday Lunch Choices!</b> <i>Fresh garden salad greens,                      Fresh fruits &amp; vegetables in an inviting variety.                      Low fat (1%), and nonfat chocolate milk is included with all lunches.</i>		<b>Everyday Breakfast Choices:</b> Assorted Cold Cereal, Fruit, 100% Juice & 1% or Nonfat Chocolate Milk Students must choose 3 items for a reimbursable meal. <i>One</i> of the 3 items chosen <i>must be a fruit or juice.</i>	This institution is an equal opportunity provider.	

AT LUNCH - 5 Meal Components are offered: Wholegrains, Meat/Meat Alternate, Fruit, Vegetable, & choice of 1% or Nonfat Chocolate milk  
 Students must choose 3, 4 or 5 of the items offered, for a reimbursable meal.

*ONE of these choices MUST be ½ cup FRUIT or ½ cup VEGETABLE*

*MEAL PRICES: Elementary- Breakfast \$1.65; Lunch: \$2.35  
 Middle & High School- Breakfast \$1.90; Lunch: \$2.85  
 Milk .30*

*Menu subject to change.*